

A new plan for sport and physical activity for everyone - Easy Read Questions

What do you think?

Introduction

The Department for Communities is writing a new plan for sport and physical activity for everyone in Northern Ireland.

Sport is a physical activity that you do with or against other people.

Physical activity is exercise that gets your body moving.



Before we write the final plan, we want to know what you think about our ideas.



About me

Q1: I am responding as ... please tick all that apply

- A young person under 18
- An older person over 60
- A member of the public
- On behalf of an organisation
- I take part in sport and physical activity at least once a month
- I never take part in sport or physical activity
- A male
- A female
- I have a disability
- Other (please specify below)

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Our Vision

Our vision is how we want things to be in the future.....



We want people of all ages to be active and stay active.

Taking part in sport and physical activity can help you to:

- be healthier and live longer
- win and be the best you can be
- spend time with other people
- have fun.



We need to get more people, more active, more of the time.



Q2a: How well do you think our vision can help us to get more people, more active, more of the time here in NI?



Not very well	Not well	Adequately	Well	Very well

Q2b: Please tell us why you ticked that box?





































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Key Themes

We asked lots of people what they thought would help get more people, more active, more of the time. Speaking to these people helped us to decide on 6 main areas for the new plan. These are called 'Key Themes'.

Q3: How well do you think these themes can help us get more people, more active, more of the time? *Please tick one box per theme.*

<i>Please select only one per item</i>		Not very well	Not well	Sort of	Well	Very well
	Key Theme 1: Getting over the effects of Covid-19					
	Key Theme 2: Encouraging people to get involved					
	Key Theme 3: Helping people to make the most of their ability					
	Key Theme 4: Working better together					
	Key Theme 5: High quality shared spaces					
	Key Theme 6: Telling everyone about the benefits					

Q3b: Please explain why you ticked these boxes?

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Q3c: Do you think there is anything missing?

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Ideas for each of the 6 themes

People also helped us to find some ideas for each theme. These are called 'Ideas'. Let us know what you think about these ideas.




Theme 1 Ideas: Getting over the effects of Covid-19

Our ideas for the new plan are to:

- make sure that people can go back to taking part in and watching sport and physical activity safely
- help people to get back into the habit of being active if they have stopped because of Covid-19.



Q4a: Do you think these ideas will help people get back into sport after Covid 19? Tick which applies

Agree	Don't agree	I don't Know
		



Q4b: Have we missed anything?

- Yes
- No



Q4c: Please tell us anything else that you think we need to know about your answers?

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Theme 2 Goals: Encouraging people to get involved

Our ideas for the new plan are to:

- get sports organisations, clubs and communities working together better
- tell more people about opportunities to be active and share positive stories about taking part in sport and physical activities
- teach people about having an active lifestyle from a young age through to older years
- offer more choice of sports to young people



Q5a: Do you think these ideas will help more people to get active, more often? *Tick which applies*

Agree	Don't agree	I don't Know



Q5b: Have we missed anything?

- Yes
- No



Q5c: Please tell us anything else that you think we need to know about your answers?

- Have we missed anything?



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Theme 3 Goals: Helping people to make the most of their ability

Our ideas for the new plan are to:

- make sure that people who are very good at sport are getting the right support from a young age
- create a large network of people working together that includes the leaders of sports organisations through to athletes and volunteers
- support people to be successful at all levels of sport
- make more people aware of the achievements of our best sports people and athletes
- make sure we are continuing to get better.



Q6a: Do you think these ideas will help people to make the most of their ability in sport? Tick which applies



Agree	Don't agree	I don't Know



Q6b: Have we missed anything?

- Yes
- No



Q6c: Please tell us anything else that you think we need to know about your answers?

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Theme 4 Goals: Working better together




Our ideas for the new plan are to:

- get people working together in local areas, the whole country and the rest of the world
- get people working together better at all levels of sport
- get sports clubs, schools and communities to find ways to share their buildings and equipment.



Q7a: Do you think these ideas will us all to work better together?

Tick which applies

Agree	Don't agree	I don't Know
		



Q7b: Have we missed anything?

- Yes
- No



Q7c: Please tell us anything else that you think we need to know about your answers?



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Theme 5 Goals: High quality shared spaces




Our ideas for the new plan is to:

- get sports organisations, clubs local councils and communities working together to improve the quality of all sports places and equipment



Q8a: Do you think it these ideas will help create high quality shared and inclusive spaces?

Tick which applies

Agree	Don't agree	I don't Know
		



Q8b: Have we missed anything?

- Yes
- No



Q8c: Please tell us anything else that you think we need to know about your answers?



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Theme 6 Goals: Telling everyone about the benefits

Our ideas for the new plan is to:

- start teaching children in school about being active
- make more people aware of the benefits of taking part in sport and physical activity
- see more people being active and staying active



Q9a: Do you think these ideas will help everyone understand the benefits of being active more of the time? Tick which applies



Agree	Don't agree	I don't Know



Q9b: Have we missed anything?

- Yes
- No



Q9c: Please tell us anything else that you think we need to know about your answers?

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Finally, Making the Plan Work

There are 3 main things we need to think about to make a plan that will work for everyone:

1: We need to be fair to everyone and include people from all different backgrounds.



2. We need to improve the way we work by:

- providing better training for staff and volunteers
- using new technology
- sharing good ideas
- looking for ways to raise more money.


















3. We need to show the rest of the world what we are doing well, so that more countries will want to work together with us in the future



Q10a: Do you think these ideas will help make the plan work better?



<i>Please select only one item</i>	Not very well	Not well	Sort of	Well	Very well
1: We need to be fair to everyone and include people from all different backgrounds.					
2. We need to improve the way we work by: <ul style="list-style-type: none"> • providing better training for staff and volunteers • using new technology • sharing good ideas • looking for ways to raise more money. 					
3. We need to show the rest of the world what we are doing well, so that more countries will want to work together with us in the future					

Q10b: Have we missed anything?

- Yes
- No

Q10c: Please tell us anything else that you think we need to know about your answers?

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